12 Types of Spiritual Comfort

1) Aleph - Comfort Through Obedience
Blessed are those whose ways are blameless, who walk according to the law of the Lord. (Ps. 119:1)

2) Daleth - Comfort Through Preservation and Strengthening
My soul is weary with sorrow; strengthen me according to your word. (Ps. 119:28)

3) Waw and Yodh - Comfort Through God's Unfailing Love and Salvation
May your unfailing love be my comfort, according to your promise to your servant. (Ps. 119:76)

4) Zayin - Comfort Through Remembering God's Promises
My comfort in my suffering is this: Your promise preserves my life. (Ps. 119:50)

5) Heth - Comfort Through the Right Relationships
I am a friend to all who fear you, to all who follow your precepts. (Ps. 119:63)

6) Teth - Comfort from Knowledge and Good Judgment
Teach me knowledge and good judgment, for I trust your commands. (Ps. 119:66)

7) Lamedh - Comfort Through Delighting in God's Law
If your law had not been my delight, I would have perished in my affliction. (Ps. 119:92)

8) Samekh - Comfort Through Sustenance and Hope
Sustain me, my God, according to your promise, and I will live; do not let my hopes be dashed. (Ps. 119:116)

9) Pe - Comfort Through Righteous Life and Protection from Human Oppression
Direct my footsteps according to your word; let no sin rule over me. Redeem me from human oppression, that I may obey your precepts. (Ps. 119:133-134)

10) Resh - Comfort Through God's Redemption and Deliverance
Look on my suffering and deliver me, for I have not forgotten your law. (Ps. 119:153)

11) Shin - Comfort Through God's Peace and Guidance
Great peace have those who love your law, and nothing can make them stumble. (Ps. 119:165)

12) Taw - Comfort Through Finding Satisfaction in God
I long for your salvation, Lord, and your law gives me delight. (Ps. 119:174)

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